

††† *Jesus Mary Joseph* ††† **Humor for today** ††† *Jesus Mary Joseph* †††

These are the perks of reaching 60 or being over 70 and heading towards 80!

1. Kidnappers are not very interested in you. 2. In a hostage situation, you will likely be released first. 3. No one expects you to run – anywhere. 4. People call at 8 PM and ask, “Did I wake you?” 5. People no longer view you as a hypochondriac. 6. There is nothing left to learn the hard way. 7. Things you buy now won’t wear out. 8. You can eat supper at 5 PM. 9. Your supply of brain cells is finally down to manageable size. 10. You can’t remember who sent you this list.

††† *Jesus Mary Joseph* †††

Always keep several get-well cards on the mantel. If unexpected guests arrive, they’ll think you’ve been sick and unable to clean.

††† *Jesus Mary Joseph* †††

A recent study has found women who carry a little extra weight live longer than men who mention it.

††† *Jesus Mary Joseph* †††

A bald man got a great deal on a wig today - only \$1! It was a small-price toupee.

††† *Jesus Mary Joseph* †††

Just when you think you’ve won the rat race, along come faster rats.

†††JM††† **This is Serious** †††JM†††

You can find sermons for the Septuagesima Sunday at <https://jmjsite.com/septuagesima/>

To support in a Christian manner humiliations and opprobriums is the touchstone of humility and true virtue, because in so doing we are more like Jesus Christ, the true Model of all solid virtues. – *St. Francis of Sales*

Humility, to be true, should be always accompanied by charity; that is, we should love, seek, and accept humiliations to please God and to resemble Jesus Christ. – *St. Francis of Sales*

Our principal business should be to conquer ourselves, and to become more perfect every day in this practice. It is particularly necessary that we should apply ourselves to be victorious in little temptations, such as vivacity, suspicions, jealousy, indolence, and vanity. By so doing, we shall obtain the strength to resist greater ones. – *St. Francis of Sales*

One of the things which keeps us far from perfection is, without doubt, our tongue. When one has arrived at that point that he does not sin with the tongue he is perfect, according to the Holy Ghost. This is why we must speak little and well – little and with simplicity, with charity, and in a manner that will make virtue appear amiable. – *St. Francis of Sales*

Believe me, the mortification of the senses, – of the sight, the hearing, the tongue, – is more beneficial than to wear a chain of iron and the hair-shirt. – *St. Francis of Sales*.