

## It Has Been a Busy Day

I decide to water my garden.  
As I turn on the hose in the driveway,  
I look over at my car and decide it needs washing.

As I start toward the garage,  
I notice mail on the porch table that  
I brought up from the mail box earlier.

I decide to go through the mail before I wash the car.

I lay my car keys on the table,  
Put the junk mail in the garbage can under the table,  
And notice that the can is full.

So, I decide to put the bills back  
On the table and take out the garbage first...

But then I think,  
Since I'm going to be near the mailbox  
When I take out the garbage anyway,  
I may as well pay the bills first.

I take my check book off the table,  
And see that there is only one check left.  
My extra checks are in my desk in the study,  
So I go inside the house to my desk where  
I find the can of Pepsi I'd been drinking.

I'm going to look for my checks,  
But first I need to push the Pepsi aside  
So that I don't accidentally knock it over.

The Pepsi is getting warm,  
And I decide to put it in the refrigerator to keep it cold.

As I head toward the kitchen with the Pepsi,  
A vase of flowers on the counter  
Catches my eye--they need water.

I put the Pepsi on the counter and  
Discover my reading glasses that  
I've been searching for all morning.  
I decide I better put them back on my desk,  
But first I'm going to water the flowers.

I set the glasses back down on the counter ,

Fill a container with water and suddenly spot the TV remote.  
Someone left it on the kitchen table.

I realize that tonight when we go to watch TV,  
I'll be looking for the remote,  
But I won't remember that it's on the kitchen table,  
So I decide to put it back in the den where it belongs,  
But first I'll water the flowers.

I pour some water in the flowers,  
But quite a bit of it spills on the floor.

So, I set the remote back on the table,  
Get some towels and wipe up the spill.

Then, I head down the hall trying to  
Remember what I was planning to do.

At the end of the day:  
The car isn't washed,  
The bills aren't paid,  
There is a warm can of  
Pepsi sitting on the counter,  
The flowers don't have enough water,  
There is still only one check in my check book,  
I can't find the remote,  
I can't find my glasses,  
And I don't remember what I did with the car keys.  
Then, when I try to figure out why nothing got done today,  
I'm really baffled because I know I was busy all day,  
And I'm really tired.

I realize this is a serious problem,  
And I'll try to get some help for it, but first I'll check my e-mail....

Dr. Alan Zimmerman

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