I saw the following information on [www.GringoPost.com](http://www.GringoPost.com) April 28, 2018 and found it interesting that these ozone injections can be used instead of hip replacement surgery. Just thought I would share the information with you in case you did not know about ozone therapy.

*Thank you for visiting* <http://www.JMJsite.com> *and* *please tell others about this website*.  I pray that you will live in such a way that the Good God will always constantly Bless you while He keeps you from all sin.  May Jesus, Mary, and Saint Joseph obtain for you every grace you need. “The grace of our Lord Jesus Christ, and the charity of God, and the communication of the Holy Ghost be with you all. Amen.” (2 Corinthians 13: 13) The devil is never far away from those too busy to pray! If Truth stands in your way, you are going in the wrong direction.

Ora pro nobis!

Patrick Henry

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 **Recommendation for Dr. Santiago Romo, ozone therapy injections**

I thought I was going to have to have a complete hip replacement. At least, that is what two other Orthopedic Surgeons told me here. I couldn’t walk for more than a few blocks without experiencing a lot of pain. Based on my age at the time, 52, I thought I was too young to have hip replacement surgery. Also, I didn’t feel I fit the profile of someone who I thought had hip replacement surgery (older in age or excess weight) I am neither. However, I was ready to make the appointment for the surgery because of my intolerance to the pain, especially after a simple 3 mile walk. A couple of months ago, I read a recommendation on Gringo Post about someone trying ozone therapy, for their lower back and hip pain. Well, I am glad I took the time to make an appointment for a consultation with Dr. Santiago Romo. He is an English-speaking and US-trained orthopedic, trauma, and sports injury specialist and the team doctor for Deportivo Cuenca, the local professional soccer team.
His consultation was thorough and upon examination and review of my x-rays, ones I had from the previous consultations from the other Doctors here, he felt I could benefit from ozone injection therapy. As in life, there are “no guarantees” but I felt it was the least invasive procedure before surgery. After the first injection, I felt much better and noticed the difference right away. Needless to say, after the complete treatment, which for me was 8 weeks, I feel 100% better and have no pain after long walks. (my only goal). I even started to run for short distances without pain.
Dr. Romo did the treatments in the comfort of my home. He took great care with sterilization techniques, kept me aware of the process as he worked, and made sure to ask often during the procedure how I was feeling.
Since completing the treatments, I'm thrilled to say that I have absolutely no pain in my hip. I am back to walking comfortably at my fast pace instead of the “turtle” I was before. I highly recommend a consultation with Dr. Romo before having any type of surgery on your back, hips, knees or shoulders. He's not only a professional and caring individual, but a lifetime friend. Thank you Dr. Romo.

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